

Continue



Adrenaline sports academy

Throw an unforgettable birthday or team party at Adrenalin! Our facility can accommodate up to 25-30 guests and offers use of batting cages, bullpens, and turf for practice. We also have a customizable party room with decorations to match your theme, and our experienced staff will ensure each child has a blast. In addition, we offer membership options for individuals and students that include access to all classes and gyms nationwide. Adrenalin is a comprehensive activity center that caters to people of all ages and fitness levels. Our sections are designed for everyone from 14 years old and up, regardless of physical form or skill level. On weekends, we have dedicated time slots for kids aged 3-9 to enjoy the facility. For kids aged 10 and above, we offer access on both Saturday and Sunday afternoons. As a customer at Adrenalin, you'll get an endless array of opportunities for progression regardless of your personal goals. Our unique obstacle course (OCR) and rigging section challenge strength, balance, endurance, and technique. You can easily adjust the number of obstacles, difficulty level, or intensity to suit your needs as you become more skilled. We also have a "Warped wall" and "Salmon ladder" for additional challenges within the same segment. Additionally, we offer a separate area for bodyweight training (Calisthenics) with bars of varying heights for different exercises. Our strength training section has all the equipment you need, and our exclusive training devices are only available at Adrenalin. Finally, we have condition machines from top brands like Freemotion, Concept, and StairMaster, which are among the best in the market. The person is a personal trainer and course/lecture holder, born and raised in Bergen. They spent 12 years as a professional climber, earning numerous national and international titles, including 20 times Norwegian champion, 7 times Nordic champion, and multiple podium finishes internationally. They were the first Norwegian to climb grades 8c+, 9a, 9a+, and 9b. Despite being a small sport in Norway at the time, they received support from Olympiatoppen and connected with athletes from various sports. As a professional climber, they spent over 200 days a year traveling and training, eating, sleeping, and climbing. They retired from competition in 2017 and have since been involved in starting several businesses, including Oslo Klatresenter, Sørlandet Klatresenter, HUT Kokstad, and clothing brand Rungne. They also run social media channels, focusing on YouTube with over 1.5 million followers. Their content primarily features climbing, but also includes other activities like Ninja Warrior, which they have competed in both domestically and internationally. They know the environment well and have trained at some of the world's best facilities. Today, they live in Oslo with their partner and still have a strong passion for climbing and training. Aleksander Gamme has been involved in various expeditions and adventure projects around the world over the past 20 years and is known as Norway's most versatile adventurer. The second individual was born and raised in Århus, Denmark, before moving to Kristiansand in 2001 where they met their future partner. They have always been very active in various sports such as football, basketball, volleyball, tennis, table tennis, karate, and strength training since childhood. As an adult, they enjoy activities like padeltennis, football, floorball, strength training, long-distance running, and hunting. They are educated as a banker from Danske Bank and worked as a real estate agent before deciding to start their own business in Norway. Cornelis has won medals in both Olympics, World Championships, and European Championships. He loves being outdoors, whether it's by the sea in summer or in the mountains during winter. His favorite activities include kiting and mountaineering. Cornelis studied at the Hotel School in Switzerland and has worked in hotels and travel around the world. As a young hotel manager, he was one of Norway's youngest directors, and later founded and developed Gurines Hage, one of Norway's largest passive housing projects. Today, Cornelis works on property development, fitness equipment for indoor and outdoor training, and concept development. He is also the leader of Adrenalin Norge. Born and raised in Drammen/Lier, he has been active with football throughout his childhood, followed by strength training in his teenage years. He enjoys activities such as climbing, running, swimming, and skiing. Cornelis founded Tufteparken in 2012, which was initially known as "Norway's first outdoor training park" and is now Norway's largest brand in outdoor training. Today, there are around 350 established parks in Norway and abroad. He also established the Norwegian Street Workout organization and organized the country's first championships. As a former athlete, Cornelis represented Norway in world cups and championships before becoming a chief judge for these events. He has written four fitness books: "Calisthenics with Lasse Tufte 1 & 2" and "Train Together 1 & 2". Additionally, he worked as a personal trainer and course holder in psychiatry. Adrenaline Sports Academy, et premier institutt for idrettsutvikling med hovedkontor på 1 South Main Street i Toms River, New Jersey, USA. Acadeniet tilbyr topp-class uttrening og coaching i en variert rekke av adrenaline-forventende idrettene, inkludert basketball, fotball, volleyball og mer. Vi tilbyr fremtidsvannende anlegg og erfarnede instruktører for å hjelpe idrettsutøvere på alle nivåer å nå sin full potentialsnivå. Adrenaline Sports Performance is located in Cherry Hill, NJ, and serves the Mt Laurel area. They specialize in customized fitness programs that cater to individual needs and goals. Unlike cookie-cutter exercise routines, their trainers create personalized plans tailored to each client's unique requirements. Their team of certified professionals includes Chad Hallett, a seasoned sports performance coach with over 15 years of experience. He holds multiple certifications from reputable organizations such as USA Weightlifting, ISSA, and NASE. Chad is also a licensed massage therapist and has earned various specializations in areas like speed and explosion training. Adrenaline Sports Performance offers one-on-one training, group fitness classes, strength and conditioning programs for athletes of all levels, as well as corporate wellness initiatives. Their trainers incorporate modern techniques to promote growth, teach discipline, and foster a lifelong commitment to fitness. Clients can expect a comprehensive personal training experience with certified specialists who genuinely care about their progress. Whether you're looking to enhance your athletic performance or simply get healthier and stronger, Adrenaline Sports Performance is committed to delivering top-notch results. Their programs are designed to meet individual needs and goals, ensuring that each client receives the best possible training experience. By leveraging cutting-edge fitness techniques, we generate outstanding outcomes. Boost your physique by pairing a well-balanced diet and tailored nutritional plan with our personalized training program. Additionally, our expert guidance enables you to optimize your athletic performance through targeted weight loss strategies.